

# Cosmelan Method AT A GLANCE for clients

## Prep protocol

- Step 1: Depigmentation Kit (retail products) Minimum of 4 weeks at home
  - Step 2: Optional in clinic prep peel (2 weeks before cosmelan procedure)
- Melanostop peel can only be performed if your skin is ready. If there is any dryness or sensitivity then you may need to use the kit for longer than 2 weeks.



## Cosmelan Procedure

Step 3: Performed in clinic by your professional practitioner. The mask is left on and you will leave wearing it.



Sensitive/Dry skin *6 hours*  
Normal/Oily skin *8 hours*

You will remove the mask at home after the instructed time with cool water and a soft face cloth. Then apply Melan Recovery that evening. No other products

## Client Protocols

For 7 days following treatment you should only use :

- Brightening Foam Cleanser
- Melan Recovery
- Melan 130+ Pigment Control.



1 week after treatment the client will use the following for **6 months**

**Twice a day (AM & PM)**

- Brightening Foam Cleanser
- Cosmelan 2 (pea sized amount)
- Melan Recovery
- Melan 130+ Pigment Control (reapply every 2 hours)



Additions that can be added into your routine:

For sensitive skin  
Fast Skin Repair

For dry skin  
Hydra Vital K  
Moisturiser.



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## Cosmelan 2 6 Month Protocol

Twice a day (AM & PM)



Always a garden pea sized amount to the whole face.

You may experience irritation when you begin using cosmelan 2, you can apply as much melan recovery you need.

To obtain the best results the programme should be followed for a minimum of 6 months.

Your practitioner will monitor your progress throughout and adapt as necessary

\*Remember\* ONE day of unprotected skin within a 9 month period can undo all the results!!

In addition to cosmelan 2, your practitioner may recommend additional products.

This may include:

- brightening foam cleanser
- concentrate/cream from the brightening range
- melan 130+ pigment control SPF
- melan tran3x concentrate/gel-cream
- HA densimatrix (a daily hydrating serum)
- AOX ferulic (a daily antioxidant serum)



After 6 months you can reintroduce the brightening concentrate & melan tran3x gel cream from the depigmentation kit. You can also introduce the melan tran3x concentrate. This will help to continue the breakdown of pigmentation as well as working to prevent its return.



## Introduction to other clinical treatments

Post month 3 specific in-clinic procedures can be reintroduced as recommended by your practitioner. To treat stubborn, remaining pigment, you may be invited back to the clinic for treatments :  
Melanostop Tran3x mesopeel  
C.prof Depigmentation Solution with micro-needling

